4TH ANNUAL

BREAST HEALTH SYMPOSIUM

PREVENTION, PERSONALIZATION, PRECISION: ACHIEVING OPTIMAL BREAST CARE

SEPTEMBER 20, 2019

NYU WINTHROP RESEARCH & ACADEMIC CENTER
NYU Winthrop Hospital | Mineola, New York

Accredited by NYU Winthrop Hospital
Approved for 5.00 CME-CE Credits
5.00 ABIM MOC Points
5.00 Points ABMS MOC Part II CME Activity
This is a MIPS-eligible Quality Improvement Activity
This course brings together a group of experts, who will discuss and engage the audience to minimize any existing knowledge gap by presenting the latest guidelines and treatment options for patients with breast disease, especially breast cancer. It is daunting for health professionals to keep abreast of all the information and literature that is continuously being brought to the forefront on breast disease. The goal of the course is to improve the knowledge base of the audience and improve the care outcomes of patients.

LEARNING OBJECTIVES
At the end of this course, participants should be able to:

• Explain the use of the 21 gene assay for the selection of treatment in early stage breast cancer
• Explain the use of the 70 gene assay for the selection of treatment in early stage breast cancer
• Explain the use of the 12 gene assay for the selection of treatment in early stage breast cancer
• Familiarize themselves with elements of breast cancer risk assessment
• Identify women who should be referred for cancer genetic testing and high risk interventions
• Identify management options for women at increased risk for breast cancer
• Interpret the advantages of population-based approaches for cancer prevention
• Interpret the advantages of targeted approaches for cancer prevention
• Review the latest data on models that predict absolute risk of breast cancer for informing more targeted approaches
• Identify the latest breast imaging modalities including mammogram and ultrasound
• Explain the current indications for magnetic resonance imaging (MRI)
• Discuss screening guidelines, including patients at high risk and with dense breasts
• Define concepts of Integrative Medicine, Integrative Oncology, Complementary and Alternative Medicine
• Describe a model of integrative medicine in cancer care where we develop an evidence-informed integrative care plan
• Appraise integrative approaches for lifestyle/health support and symptom management

TARGET AUDIENCE
Medical, Surgical, & Radiation Oncologists, Breast Surgeons, Plastic Surgeons, Radiologists, Pathologists, Obstetricians & Gynecologists, Palliative Care Physicians, Genetic Counselors, Physician Assistants, Advanced Practice Nurses, Registered Nurses, Social Workers, Breast Nurse Navigators, Breast Social Workers, Patient Ambassadors and Patient Advocates.

COMPETENCIES ADDRESSED
• Patient Care
• Medical Knowledge
• Professionalism
• IOM Aims for Care (Safe, Timely, Effective, Efficient, Equitable & Patient Centered Care)
• Practice-based learning and improvement
• Interpersonal and Communications skills
• Systems-based practice

ACCME ACCREDITATION
NYU Winthrop Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2023. Provider #: 0006392

AMA CREDIT DESIGNATION
NYU Winthrop Hospital designates this live activity for a maximum of 5.00 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MOC STATEMENT
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.00 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program and 5.00 MOC Points in the American Board of Medical Specialties’ Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participation completion information to ACCME for the purpose of granting ABIM and ABS MOC credit.

MOC APPROVAL STATEMENT
Through the American Board of Medical Specialties (“ABMS”) ongoing commitment to increase access to practice relevant Continuing Certification Activities through the ABMS Continuing Certification Directory, 4th Annual Breast Health Symposium: Prevention, Personalization, Precision: Achieving Optimal Breast Care has met the requirements as a MOC Part II CME Activity (apply toward general CME requirement) for the following ABMS Member Boards:

MOC PART II CME ACTIVITY
• Family Medicine
• Medical Genetics and Genomics
• Nuclear Medicine
• Physical Medicine and Rehabilitation
• Preventive Medicine
• Plastic Surgery
• Radiology

8:15a Registration, Breakfast and Exhibits
8:45a Welcome and Introduction
   Nina D’Abreo, MD
9:00a Tailoring Medical Treatment for Early Breast Cancer
   Adam M. Brufsky, MD, PhD
   This presentation will focus on the use of genomic assays in the selection of adjuvant treatments for early stage breast cancer
9:40a Tailoring Surgical Treatment for Early Breast Cancer
   Charles E. Cox, MD, FACS
   This presentation will discuss the integration of breast cancer biology into surgical decision making
10:20a Case Discussion
   Douglas Marks, MD
10:50a Coffee Break and Exhibits
11:10a Tailoring Screening and Management of High Risk Patients
   Freya R. Schnabel, MD
   The emphasis of this presentation is the identification of high risk individuals and risk-specific management with an aim toward maximizing early detection and prevention of breast cancer
11:50a Luncheon and Exhibits
12:40p Exposures and Hormones
   Mary Beth Terry, PhD
   This talk will review the latest data on modifiable risk factors for breast cancer and discuss the advantages of using both population-wide and targeted prevention approaches
1:15p Panel Discussion and Q&A: Breast Disease in Young Women
   Shubhada Dhage, MD, FACS – Moderator, Mary R. Kriner, MD, Noel B. Natoli, MD, FACS, Freya R. Schnabel, MD
   Breast Health related issues faced by young women will be discussed by a panel of experts
1:45p Updates in Breast Imaging
   Hildegard B. Toth, MD
   This talk will highlight imaging guidelines and advances for screening and diagnosis of breast cancer
2:20p Complementary and Integrative Medicine: Supporting Health During and After Cancer Care
   Gabriel Lopez, MD
   This presentation will explore how to modify lifestyle factors and use adjunctive approaches for symptom management as part of a coordinated, evidence-informed integrative medicine care plan in collaboration with your oncology care team
3:00p Adjourn
FACULTY

Nina D’Abreo, MD* (Activity Director)
Medical Director, Breast Cancer Services
NYU Winthrop Hospital
Mineola, NY

Adam M. Brufsky, MD, PhD
Associate Chief, Division of Oncology/Hematology
Co-Director, Comprehensive Breast Cancer Center
Associate Director, Clinical Investigation
University of Pittsburgh Department of Medicine
Professor of Medicine
University of Pittsburgh School of Medicine
Pittsburgh, PA

Charles E. Cox, MD, FACS
Breast Surgeon
Tampa Breast Care Specialists
Endowed Chair, College of Medicine Surgery
Professor of Surgery
University of South Florida Health
Tampa, FL

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Mineola, NY

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New York University School of Medicine
Mineola, NY

Gabriel Lopez, MD
Medical Director, Integrative Medical Center
Department of Palliative, Rehabilitation and Integrative Medicine
MD Anderson Cancer Center
Assistant Professor of Palliative, Rehabilitation and Integrative Medicine
Division of Cancer Medicine
The University of Texas MD Anderson Cancer Center
Assistant Professor of Medicine
The University of Texas Medical School at Houston
Houston, TX

Douglas Marks, MD, FACS* (Moderator)
Attending Oncologist/Hematologist
NYU Winthrop Hospital
Mineola, NY

Noel B. Natoli, MD, FACS
Plastic Surgeon
Long Island Plastic Surgery Group
Garden City, NY

Freyra R. Schnabel, MD
Director of Breast Surgery
NYU Langone Medical Center
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New York, NY

Hildegard B. Toth, MD
Section Chief, Division of Breast Imaging
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Associate Professor of Radiology
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New York, NY

PLANNING COMMITTEE

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Peter Sandre, BA
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Mineola, NY

*Denotes Planning Committee
REGISTRATION

We accept online registration ONLY for all NYU Winthrop CME-CE courses. Please register at https://Winthrop.Cloud-CME.com

SPACE IS LIMITED. REGISTER EARLY.

REGISTRATION FEES
Registration fee includes educational materials, meals and CME-CE credit certificate
- $150 Non-NYU Physicians
- $120 NYU Physicians (with Kerberos ID)
- $100 Non-NYU Nurses, PAs, NPs & Social Workers
- $80 NYU Nurses, PAs, NPs & Social Workers (with Kerberos ID)
- $35 Non-NYU Residents and Fellows
- $25 Patient Ambassadors and Patient Advocates
- FREE NYU Residents and Fellows (with Kerberos ID)

CONFIRMATION
All registrants will receive a confirmation via email.

CANCELLATION
It is the policy of NYU Winthrop Hospital, that in the unlikely event we must cancel a scheduled activity, all registered learners are immediately notified via email, with full refund offered where applicable. Wherever possible, our registration page of the website will be updated to reflect the activity cancellation. If we cancel less than 48 hours in advance of scheduled start time, we will also telephone all registered learners regarding the cancellation and refund. Cancellation by learner: It is the policy of NYU Winthrop Hospital, that if you the learner must cancel or withdraw before an activity for which you have previously registered, a handling fee of $25 will be deducted for cancellation. Requests for refund or transfer of registration must be received by email 72 hours prior to the course. No refund or transfer of registration will be made thereafter.

LOCATION
NYU Winthrop Research & Academic Center
Main Level
101 Mineola Boulevard
Mineola, NY 11501

TRAIN INFORMATION
Mineola is 34 minutes by train from New York’s Penn Station and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR’s TrainTime mobile app for daily schedules. If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the NYU Winthrop Research and Academic Center pictured below.

PARKING
Parking is available at any of these convenient campus lots:
- Mineola Intermodal Center at 65 3rd Ave., Mineola (Payment required).
- NYU Winthrop Campus Visitors Lot (access via Emergency entrance at 2nd & 3rd Ave. Payment required).
- 120 Mineola Blvd. Ramp (Free parking on weekends above level 2 only, other levels will be fined).

NOTE: Parking will not be validated in any NYU Winthrop campus lots.

SPECIAL NEEDS
The NYU Winthrop Research & Academic Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459. If you experience technical problems with the online system, wish to register a group, or require other special arrangements, please contact Keyana Golds at 516-663-9685 or via email at Keyana.Golds@nyulangone.org for assistance.

COMPLAINT RESOLUTION POLICY
It is the policy of NYU Winthrop Hospital that Complaints received about continuing education or related matters are investigated and resolved within 72 hours (if received during business hours), or within 7 days (if received outside of business hours).
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Register Online
https://Winthrop.Cloud-CME.com