

**NYU Winthrop**  
Hospital™

# THE DIABETES CORE

CURRICULUM WORKSHOP™

Advancing Your Career in Chronic Disease Management

**STAFF  
TRAINING  
FOR DSRIP!**

**OCTOBER 30, 31 AND  
NOVEMBER 1, 2017**

THE GARDEN CITY HOTEL, GARDEN CITY, NY

## TARGET AUDIENCE

- Registered Nurses
- Nurse Practitioners
- Physician Assistants
- Pharmacists
- Dietitians
- Social Workers
- Transitional Care/Population Care Coordinators
- Patient Navigators
- Physicians

Accredited by NYU Winthrop Hospital  
Approved for 24 CME & CE Credits  
Approved for 24 Nursing Contact Hours  
Approved for 24 Social Work Contact Hours

**Register Today: [DiabetesCoreCurriculum.org](http://DiabetesCoreCurriculum.org)**

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### OVERVIEW

The Diabetes Core Curriculum Workshop™ (DCCW™) is a unique multi-day course with an online self-study component designed to prepare health professionals for the Certified Diabetes Educator® (CDE®) examination or to provide the requisite continuing education credits for renewal of the CDE® or BC-ADM credentials. It also prepares health professionals in the principles and skills required for chronic disease management.

The curriculum includes content areas of the Certified Diabetes Educator® (CDE®) examination and the American Diabetes Association's National Standards for Diabetes Self-Management Education (DSME) programs.

### COURSE FORMAT:

Online webinars and three days of live programming consist of lecture, case studies, interactive learning and practice test questions.

### TOPICS INCLUDE

- Diabetes Self Management Education
- Disease Process
- Medications: Core Concepts and Advanced
- Acute Complications
- Monitoring, Management and Special Populations
- Macrovascular, Microvascular and Neuropathic Complications
- Nutrition and Exercise
- Psychosocial Issues

### COMPETENCIES ADDRESSED

- Patient Care
- Medical Knowledge
- Interpersonal and Communication Skills
- Professionalism
- Systems-based Practice
- Practice-based Learning and Improvement

### EXHIBITS

The Exhibits provide an unmatched resource for gathering the latest information about innovations related to diabetes care. Industry experts will be available to allow for live demonstrations and face-to-face question sessions.

**NEW**

### ONLINE MODULES

**Five self-study online modules will be offered.**

**The modules include content and self-assessment practice questions.**

**The modules will be available to all participants starting Wednesday, October 18, 2017.**

The modules will then be available for a period of 6 months until Wednesday April 18, 2018.

#### **MODULE 1: Designing a Diabetes Self-Management Education Program** (30 minutes)

##### **Learning Objective:**

- Identify multiple factors to consider when designing a diabetes self-management education program

#### **MODULE 2: Identifying Populations at Risk and Diagnostic Criteria for Diabetes** (30 minutes)

##### **Learning Objectives:**

- Identify populations at risk for diabetes
- Discuss diabetes testing and diagnostic criteria

#### **MODULE 3: Medical Nutrition Therapy Goals and Current Nutrition Recommendations** (30 minutes)

##### **Learning Objectives:**

- Identify the goals of medical nutrition therapy in diabetes
- Describe current nutrition recommendations

#### **MODULE 4: Blood Glucose Pattern Analysis** (30 minutes)

##### **Learning Objective:**

- Perform analysis of blood glucose readings

#### **MODULE 5: Physical Activity and Diabetes** (40 minutes)

##### **Learning Objectives:**

- Identify factors affecting blood glucose during exercise
- Describe the components of an exercise/activity plan for persons with diabetes

### SYSTEM REQUIREMENTS

It is recommended that you have a high-speed broadband (or better) internet connection. Please be sure you close as many other open programs on your system as possible and have **disabled your pop-up blocker**.

# ACCREDITATION

## **CME**

NYU Winthrop Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

## **AMA Credit Designation Statement**

NYU Winthrop Hospital designates this live activity for a maximum of **24 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## **Nursing Contact Hours**

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by South Carolina Nursing Association [through 9/24/2017] and [pending approval] by Northeast Multistate Division, accredited approvers by the American Nurses Credentialing Center's Commission on Accreditation.



## **Pharmacist**

St. John's University College of Pharmacy and Health Services is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Completion of this program provides a total of 24.0 hours of continuing education credit. In order to obtain credit, participants must complete required continuing education forms and submit them on site. The Universal Activity Number assigned to this program is 0043-9999-15-015-L01-P, and credits are posted to CPE Monitor within six weeks of completion of the program.

## **Dietitian**

This program has been approved by the Commission on Dietetic Registration for 24 CPEUs.

## **Social Worker Continuing Education Credit**

NYU Winthrop Hospital, Office of Academic Affairs SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of Continuing Education for licensed social workers #0319. This activity has been approved for up to 24.0 Contact Hours, if the learner has participated in the full course.

**Learners who do not complete the full course will not be awarded any partial credit.**

## **Certified Diabetes Educators® (CDE®)**

To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes-related and approved by a provider on the NCBDE List of Recognized Providers ([www.ncbde.org](http://www.ncbde.org)). NYU Winthrop Hospital is accredited by ACCME which is on the NCBDE List of Recognized Providers. The terms Certified Diabetes Educator® and CDE® are registered marks owned by NCBDE. The NCBDE does not develop, review, approve or participate in any way in programs or courses designed for study or review for the certification exam. The DCCW<sup>™</sup> is not affiliated with NCBDE.

## **Board Certified Advanced Diabetes Management (BC-ADM)**

All certification renewal candidates are required to complete 75 continuing education hours. At least 50% (37.5 hours) of the 75 continuing education hours must be formally approved continuing education hours. The DCCW<sup>™</sup> offers meets the criteria for offering formally approved continuing education hours.

PHOTO: COURTESY OF INDIEWALLS



# FACULTY

**Patricia Andronica, MS, RN, NPP, CDE**

Psychiatric Nurse Practitioner  
Diabetes Education Consultant

**J. Lynne Chimon, MS, RD, BC-ADM, CDE**

Director  
Diabetes Education Center  
NYU Winthrop Hospital

**Eileen Egan, DNP, FNP-C, CDE**

Chief Nurse Practitioner  
Winthrop Comprehensive Diabetes Care Center  
Adjunct Clinical Instructor  
Stony Brook University School of Nursing

**Donna Jornsay, MS, RN, CPNP, CDE**

Clinical Specialist  
Diabetes Program Manager  
Peninsula-Mills Hospital  
Sutter Health System

**Stanislaw Klek, MD**

Attending Physician, NYU Winthrop Hospital  
Division of Endocrinology, Diabetes and Metabolism  
Winthrop Comprehensive Diabetes Care Center

**Cathy Mullooly, MS, RCEP, CDE**

Exercise Physiologist  
Diabetes Education Consultant

**Virginia Peragallo-Dittko, RN, CDE, BC-ADM, FADE**

Executive Director  
Diabetes and Obesity Institute  
NYU Winthrop Hospital  
Professor of Medicine  
Stony Brook University School of Medicine

**Linda Zintl, MS, RN, CDE**

Inpatient Nurse Clinician  
Diabetes and Obesity Institute  
NYU Winthrop Hospital

**FACULTY DISCLOSURE**

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NJSNA and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content who participate in sponsored programs must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity. Please call Rob Martin, MBA, CHCP, Director of CME at 516-663-2521 to express any concerns.

# AGENDA

## DAY 1 MONDAY, OCTOBER 30, 2017

Via email, participants will receive self-assessment practice questions for Day 1 content and online Modules to be completed before the program. Modules 1 and 2 should be completed before arrival on Tuesday.

- 7:30a Registration, Continental Breakfast and Exhibits
- 8:15a Welcome
- 8:30a **Diabetes Self-Management Education**  
**Patricia Andronica**  
**Learning Objectives:**
- Discuss the teaching and learning process with emphasis on the adult learner
  - State effective teaching strategies to employ when working with different patient populations
- 10:00a Refreshment Break and exhibits
- 10:15a **Diabetes Self-Management Education (continued)**
- 11:15a **Disease Process**  
**Linda Zintl**  
**Learning Objectives:**
- Discuss diabetes pathophysiology in contrast to normal glucose metabolism
  - Describe the etiologic classifications of diabetes
  - Identify a recommended approach to halting the diabetes epidemic
- 12:15p Lunch and Exhibits
- 1:15p **Disease Process (continued)**
- 2:45p Refreshment Break
- 3:00p **Medication Core Concepts**  
**Eileen Egan**  
**Learning Objectives:**
- Compare and contrast the onset, peak and duration of action of rapid, short and long acting insulin
  - Discuss non-insulin injectable therapies that impact glucose metabolism
  - Describe the mechanism of action, side effect profile and patient considerations for oral agents used in the treatment of diabetes
- 4:30p **Test Questions for Day 2**
- 5:00p Adjourn

### NETWORKING RECEPTION

Gather with your colleagues for wine

## DAY 2 TUESDAY, OCTOBER 31, 2017

Please complete Online Modules 3 and 4 before Day 2 live program

- 7:30a Registration, Continental Breakfast and Exhibits
- 8:15a Review and Q&A of previous day material
- 8:30a **Monitoring and Management**  
**Donna Jorsay**  
**Learning Objectives:**
- State the target ranges for capillary blood glucose monitoring
  - Define the various methods of monitoring
  - List factors influencing diabetes control
  - List tools for blood glucose monitoring
  - Define the principles of sick day management
- 10:00a Refreshment Break and Exhibits
- 10:15a **Acute Complications**  
**Donna Jorsay**  
**Learning Objective:**
- List the symptoms and treatment of acute complications of diabetes
- 11:15a **Special Populations**  
**Donna Jorsay**  
**Learning Objectives:**
- Identify pediatric and geriatric-specific issues relating to diabetes management
  - State the rationale for preconception glucose management in women with diabetes who are planning pregnancy
- 12:45p Lunch
- 1:45p **Nutrition**  
**J. Lynne Chimon**  
**Learning Objectives:**
- Review the process of Medical Nutrition Therapy delivery
  - Discuss various meal planning tools and interventions
  - Design a realistic nutrition intervention plan for case study patient
- 3:15p Refreshment Break
- 3:30p **Nutrition (continued)**  
**J. Lynne Chimon**
- 4:30p **Test Questions for Day 3**
- 5:00p Adjourn

**We accept online registration ONLY for all NYU Winthrop Hospital CME-CE courses. Register & pay online at [DiabetesCoreCurriculum.org](http://DiabetesCoreCurriculum.org)**

**REGISTRATION FEE** The registration fee for attending The Diabetes Core Curriculum Workshop™ includes online webinars, live program, course manual, practice test questions, continuing education credits, continental breakfast, refreshments and lunch. Instructions for accessing the online webinars will be sent via email after registration. You must complete the post test to receive CME/CE credit.

\$850 - Course Tuition  
 \$750 - NYU Employees (Winthrop/Langone/Lutheran)  
 \$750 - Group Registration  
 (3 or more participants from the same organization.  
 Must register at the same time)

If you experience technical problems with the online system or wish to register a group, or require other special arrangements, please contact **Peter Sandre at (516) 663-8459 or [psandre@nyuwinthrop.org](mailto:psandre@nyuwinthrop.org)** for assistance.

**LOCATION** The Garden City Hotel  
 45 Seventh Street, Garden City, NY

**CONFIRMATION** All registrants will receive a confirmation via email.

**CANCELLATION & REFUND POLICY** A handling fee of \$100 is deducted for cancellation. Refund requests must be received by e-mail 72 hours prior to the course. No refund will be made thereafter.

**ACCOMMODATIONS** The Garden City Hotel, one of the Preferred Hotel and Resorts, boasts elegant décor, spacious guest rooms, first-class service, Red Door Spa and scrumptious cuisine. From nightly turndown service with gourmet chocolates, to the pool and fitness center, every need is anticipated. The hotel is located 15 miles from New York City (Manhattan) and 25 minutes from LaGuardia and JFK airports. The Garden City hotel is located across the street from the Garden City train station of the Long Island Rail Road. Rooms are available at The Garden City Hotel for participants at a discounted rate of \$195 per night (plus tax). To secure this rate, **you must reserve by Saturday October 7, 2017.** Call (516) 747-3000 and mention NYU Winthrop's Diabetes Core Curriculum Workshop.™ Hotel reservations are available on a first-come, first-served basis. **Reserve your room early!**

**HOTEL CANCELLATION POLICY:** Cancel 24 hours prior to 3pm day of arrival local hotel time to avoid penalty charges or forfeiture of deposit.

**HOSPITALITY** For directions to The Garden City Hotel by car or Long Island Rail Road, ground transportation options, area restaurants and links to New York City attractions, contact [DCCW@nyuwinthrop.org](mailto:DCCW@nyuwinthrop.org).

**SPECIAL NEEDS** The Garden City Hotel is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459.

- 7:30a Registration, Continental Breakfast and Exhibits
- 8:15a Review and Q&A of previous day material
- 8:30a **Macrovascular Complications**  
**Stanislaw Klek**  
**Learning Objective:**
  - Discuss clinical ramifications of cardiovascular risk factors as they relate to diabetes
- 10:15a Refreshment Break and Exhibits
- 10:30a **Microvascular and Neuropathic Complications**  
**Stanislaw Klek**  
**Learning Objectives:**
  - Describe pathophysiology, symptoms and treatment of microvascular complications of diabetes
  - Identify clinical classifications of diabetic neuropathy
  - Identify the neuropathic components of diabetic foot disease
- 12:30p Lunch and Exhibits
- 1:15p **Advanced Medications**  
**Eileen Egan**  
**Learning Objectives:**
  - List key educational teaching points relating to insulin therapy
  - Identify principles of insulin dose adjustment based on pharmacodynamics and delivery system
  - List issues relating to glycemic control in the hospitalized patient
- 2:15p **Psychosocial Issues**  
**Virginia Peragallo-Dittko**  
**Learning Objectives:**
  - State the components of the self-management philosophy that impact self-care
  - List psychological constructs that frame emotional reactions to living with diabetes
  - Describe methods or theories that can be used as strategies for the assessment of coping ability
  - Discuss the impact of transition crises, psychopathology, and diabetes-specific psychosocial issues on diabetes self-management
- 2:45p Refreshment Break
- 3:00p **Psychosocial issues (continued)**
- 4:45p **Test Taking Strategies**
- 5:00p Adjourn

\*Agenda is subject to change

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For general course information,  
call J. Lynne Chimon at  
516-663-2350 or email [DCCW@nyuwinthrop.org](mailto:DCCW@nyuwinthrop.org)

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