

THE DIABETES CORE

CURRICULUM WORKSHOP™

Advancing Your Career in Chronic Disease Management

**STAFF
TRAINING
FOR DSRIP!**

OCTOBER 18-20, 2016

GARDEN CITY HOTEL, GARDEN CITY, NY

TARGET AUDIENCE

- Registered Nurses
- Nurse Practitioners
- Physician Assistants
- Pharmacists
- Dietitians
- Social Workers
- Master Certified Health Education Specialists (MCHES)
- Transitional Care/Population Care Coordinators
- Patient Navigators
- Physicians

Accredited by Winthrop University Hospital
Approved for 24 CME & CE Credits
Approved for 24 Social Work Contact Hours

OVERVIEW

The Diabetes Core Curriculum Workshop™ (DCCW™) is a unique multi-day course with an online self-study component designed to prepare health professionals for the Certified Diabetes Educator® (CDE®) examination or to provide the requisite continuing education credits for renewal of the CDE® or BC-ADM credentials. It also prepares health professionals in the principles and skills required for chronic disease management.

The curriculum includes content areas of the Certified Diabetes Educator® (CDE®) examination and the American Diabetes Association's National Standards for Diabetes Self-Management Education (DSME) programs.

COURSE FORMAT

Online webinars and three days of live programming consist of lecture, case studies, interactive learning and practice test questions.

MODULES INCLUDE

- Diabetes Self Management Education
- Disease Process
- Medications: Core Concepts and Advanced Acute Complications
- Monitoring, Management and Special Populations
- Macrovascular, Microvascular and Neuropathic Complications
- Nutrition and Exercise
- Psychosocial Issues

COMPETENCIES ADDRESSED

- Patient Care
- Medical Knowledge
- Interpersonal and Communication Skills
- Professionalism
- Systems-based Practice
- Practice-based Learning and Improvement

TARGET AUDIENCE

Registered nurses, nurse practitioners, physician assistants, pharmacists, dietitians, social workers, master certified health education specialists (MCHES), transitional care/population care coordinators, patient navigators and physicians.

EXHIBITS

The Exhibits provide an unmatched resource for gathering the latest information about innovations related to diabetes care. Industry experts will be available to allow for live demonstrations and face-to-face question sessions

ONLINE MODULES

Four self-study online modules will be offered.

The modules include content and self-assessment practice questions.

The modules will be available to all participants starting Wednesday, October 5, 2016.

MODULE 1: Designing a Diabetes Self-Management Education Program (30 minutes)

Learning Objective:

- *Identify multiple factors to consider when designing a diabetes self-management education program*

MODULE 2: Identifying populations at risk and diagnostic criteria for diabetes (30 minutes)

Learning Objectives:

- *Identify populations at risk for diabetes*
- *Discuss diabetes testing and diagnostic criteria*

MODULE 3: Medical Nutrition Therapy Goals and Current Nutrition Recommendations (30 minutes)

Learning Objectives:

- *Identify the goals of Medical Nutrition Therapy in Diabetes*
- *Describe current nutrition recommendations*

MODULE 4: Blood Glucose Pattern Analysis (30 minutes)

Learning Objective:

- *Perform analysis of blood glucose readings*

SYSTEM REQUIREMENTS

It is recommended that you have a high-speed broadband (or better) internet connection. Please be sure you close as many other open programs on your system as possible and have **disabled your pop-up blocker.**

ACCREDITATION

CME

Winthrop University Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

AMA Credit Designation Statement

Winthrop University Hospital designates this live activity for a maximum of **24 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing

Winthrop University Hospital is an approved provider of continuing nursing education by the South Carolina Nursing Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number: 1409-023PR 9/24/17. Up to 24 contact hours will be awarded.

Accredited status does not imply endorsement by SCNA, Winthrop University Hospital, or the ANCC of any commercial products or services.



Pharmacist

St. John's University College of Pharmacy and Health Services is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Completion of this program provides a total of 24.0 hours of continuing education credit. In order to obtain credit, participants must complete required continuing education forms and submit them on site. The Universal Activity Number assigned to this program is 0043-9999-15-015-L01-P, and credits are posted to CPE Monitor within six weeks of completion of the program.

Dietitian

This program has been approved by the Commission on Dietetic Registration for 24 CPEUs.

Master Certified Health Education Specialist

Approved for a total of 24 continuing education contact hours (CECH) by the National Commission for Health Education Credentialing, Inc. (NCHEC). Five (5) CECH have been approved for advanced-level credit.

Social Worker Continuing Education Credit

Winthrop University Hospital, Office of Academic Affairs SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of Continuing Education for licensed social workers #0319. This activity has been approved for up to 24.0 Contact Hours, if the learner has participated in the full course.

Learners who do not complete the full course will not be awarded any partial credit.

Certified Diabetes Educators® (CDE®)

To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes-related and approved by a provider on the NCBDE List of Recognized Providers (www.ncbde.org). Winthrop University Hospital is accredited by ACCME which is on the NCBDE List of Recognized Providers. The terms Certified Diabetes Educator® and CDE® are registered marks owned by NCBDE. The NCBDE does not develop, review, approve or participate in any way in programs or courses designed for study or review for the certification exam. The DCCW[™] is not affiliated with NCBDE.

Board Certified Advanced Diabetes Management (BC-ADM)

All certification renewal candidates are required to complete 75 continuing education hours. At least 50% (37.5 hours) of the 75 continuing education hours must be formally approved continuing education hours. The DCCW[™] offers meets the criteria for offering formally approved continuing education hours.

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FACULTY

Patricia Andronica MS, RN, NPP, CDE

Psychiatric Nurse Practitioner
Diabetes Education Consultant

J. Lynne Chimon, MS, RD, BC-ADM, CDE

Director
Diabetes Education Center
Winthrop University Hospital

Eileen Egan, DNP, FNP-C, CDE

Chief Nurse Practitioner
Winthrop Comprehensive Diabetes Care Center
Adjunct Clinical Instructor
Stony Brook University School of Nursing

Donna Jornsay, MS, RN, CPNP, CDE

Diabetes Educator
Northwell Health System

Stanislaw Klek, MD

Attending Physician, Winthrop University Hospital
Division of Endocrinology, Diabetes and Metabolism
Winthrop Comprehensive Diabetes Care Center

Virginia Peragallo-Dittko, RN, CDE, BC-ADM, FADE

Executive Director
Diabetes and Obesity Institute
Winthrop University Hospital
Professor of Medicine
Stony Brook University School of Medicine

Linda Zintl, MS, RN, CDE

Inpatient Nurse Clinician
Diabetes and Obesity Institute
Winthrop University Hospital

FACULTY DISCLOSURE

It is the policy of Winthrop University Hospital to adhere to ACCME, SCNA and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content who participate in sponsored programs must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity. Please call Rob Martin, MBA, CHCP, Director of CME at 516-663-2521 to express any concerns.

AGENDA

DAY 1 TUESDAY OCTOBER 18, 2016

Via email, participants will receive self-assessment practice questions for Day 1 content and online Modules to be completed before the program. Modules 1 and 2 should be completed before arrival on Tuesday.

- 7:30a Registration, Continental Breakfast, Exhibits
- 8:15a Welcome
- 8:30a **Diabetes Self-Management Education**
Patricia Andronica
Learning Objectives:
- Discuss the teaching and learning process with emphasis on the adult learner
 - State effective teaching strategies to employ when working with different patient populations
- 10:00a Refreshment Break and exhibits
- 10:15a **Diabetes Self-Management Education (continued)**
- 11:15a **Disease Process**
Linda Zintl
Learning Objectives:
- Discuss diabetes pathophysiology in contrast to normal glucose metabolism
 - Describe the etiologic classifications of diabetes
 - Identify a recommended approach to halting the diabetes epidemic
- 12:15p Lunch, Exhibits
- 1:15p **Disease Process (continued)**
- 2:45p Refreshment Break
- 3:00p **Medication Core Concepts**
Eileen Egan
Learning Objectives:
- Compare and contrast the onset, peak and duration of action of rapid, short and long acting insulin
 - Discuss non-insulin injectable therapies that impact glucose metabolism
 - Describe the mechanism of action, side effect profile and patient considerations for oral agents used in the treatment of diabetes
- 4:30p **Test Questions for Day 2**
- 5:00p Adjourn

NETWORKING RECEPTION

Gather with your colleagues for wine and hors d'oeuvres

DAY 2 WEDNESDAY OCTOBER 19, 2016

Please complete Online Modules 3 and 4 before Day 2 live program

- 7:30a Registration, Continental Breakfast, Exhibits
- 8:15a Review and Q&A of previous day material
- 8:30a **Nutrition**
J. Lynne Chimon
Learning Objectives:
- Review the process of Medical Nutrition Therapy delivery
 - Discuss various meal planning tools and interventions
 - Design a realistic nutrition intervention plan for case study patient
- 10:00a Refreshment Break and Exhibits
- 10:15a **Nutrition (continued) and Exercise**
J. Lynne Chimon
Learning Objectives:
- Discuss the benefits of physical activity in diabetes and pre-diabetes
 - Describe blood glucose response to exercise and factors affecting blood glucose during exercise
 - Identify exercise precautions with diabetes complications
- 11:15a **Acute Complications**
Donna Jornsay
Learning Objective:
- List the symptoms and treatment of acute complications of diabetes
- 12:15p Lunch and Exhibits
- 1:15p **Monitoring and Management**
Donna Jornsay
Learning Objectives:
- State the target ranges for capillary blood glucose monitoring
 - Define the various methods of monitoring
 - List factors influencing diabetes control
 - List tools for blood glucose monitoring
 - Define the principles of sick day management
- 2:45p Refreshment Break
- 3:00p **Special Populations**
Donna Jornsay
Learning Objectives:
- Identify pediatric and geriatric-specific issues relating to diabetes management
 - State the rationale for preconception glucose management in women with diabetes who are planning pregnancy
- 4:30p **Test Questions for Day 3**
- 5:00p Adjourn

REGISTER NOW

DAY 3 THURSDAY OCTOBER 20, 2016

- 7:30a Registration, Continental Breakfast and Exhibits
- 8:15a Review and Q&A of previous day material
- 8:30a **Macrovascular Complications**
Stanislaw Klek
Learning Objective:
- Discuss clinical ramifications of cardiovascular risk factors as they relate to diabetes
- 10:15a Refreshment Break and Exhibits
- 10:30a **Microvascular and Neuropathic Complications**
Stanislaw Klek
Learning Objectives:
- Describe pathophysiology, symptoms and treatment of microvascular complications of diabetes
 - Identify clinical classifications of diabetic neuropathy
 - Identify the neuropathic components of diabetic foot disease
- 12:30p Lunch
- 1:15p **Advanced Medications**
Eileen Egan
Learning Objectives:
- List key educational teaching points relating to insulin therapy
 - Identify principles of insulin dose adjustment based on pharmacodynamics and delivery system
 - List issues relating to glycemic control in the hospitalized patient
- 2:15p **Psychosocial Issues**
Virginia Peragallo-Dittko
Learning Objectives:
- State the components of the self-management philosophy that impact self-care
 - List psychological constructs that frame emotional reactions to living with diabetes
 - Describe methods or theories that can be used as strategies for the assessment of coping ability
 - Discuss the impact of transition crises, psychopathology, and diabetes-specific psychosocial issues on diabetes self-management
- 2:45p Refreshment Break
- 3:00p **Psychosocial issues (continued)**
- 4:45p **Test Taking Strategies**
- 5:00p Adjourn

We accept online registration **ONLY** for all Winthrop CME-CE courses. Register & pay online at <http://goo.gl/bngLjC>

REGISTRATION FEE The registration fee for attending The Diabetes Core Curriculum Workshop™ includes online webinars, live program, course manual, practice test questions, continuing education credits, continental breakfast, refreshments and lunch. Instructions for accessing the online webinars will be sent via email after registration. You must complete the post test to receive CME/CE credit.

\$850 - Course Tuition
\$750 - Winthrop Employees
\$750 - Group Registration
(3 or more participants from the same organization.
Must register at the same time)

CONFIRMATION All registrants will receive a confirmation via email.

CANCELLATION A handling fee of \$100 is deducted for cancellation. Refund requests must be received by e-mail 72 hours prior to the course. No refund will be made thereafter.

LOCATION The Garden City Hotel
45 Seventh Street, Garden City, NY

ACCOMMODATIONS The Garden City Hotel, one of the Preferred Hotel and Resorts, boasts elegant décor, spacious guest rooms, first-class service, Red Door Spa and scrumptious cuisine. From nightly turndown service with gourmet chocolates, to the pool and fitness center, every need is anticipated. The hotel is located 15 miles from New York City (Manhattan) and 25 minutes from LaGuardia and JFK airports. The Garden City hotel is located across the street from the Garden City train station of the Long Island Rail Road. Rooms are available at The Garden City Hotel for participants at a discounted rate of \$199 per night (plus tax). **To secure this rate, reserve by September 17, 2016.** Call the hotel at (516) 747-3000 and mention Winthrop's Diabetes Core Curriculum Workshop.™ Hotel reservations are available on a first-come, first-served basis. Reserve your room early! **HOTEL CANCELLATION POLICY:** Cancel 24 hours prior to 3pm day of arrival local hotel time to avoid penalty charges or forfeiture of deposit.

HOSPITALITY For directions to The Garden City Hotel by car or Long Island Rail Road, ground transportation options, area restaurants and links to New York City attractions, contact DCCW@winthrop.org.

SPECIAL NEEDS The Garden City Hotel is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459.

If you experience technical problems with the online system or wish to register a group, or require other special arrangements, please contact **Peter Sandre at (516) 663-8459 or psandre@winthrop.org** for assistance.

*Agenda is subject to change

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Register Online

<http://goo.gl/bnqLjC>

For general course information,
call J. Lynne Chimon at
516-663-2350 or email DCCW@winthrop.org

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