NYU Winthrop Hospital

11[™] ANNUAL LONG ISLAND LIVE ENDOSCOPY COURSE

FRONTIERS OF ENDOSCOPIC SURGERY

MARCH 22-23, 2019

NYU WINTHROP RESEARCH & ACADEMIC CONFERENCE CENTER

NYU Winthrop Hospital Mineola, New York

DON'T MISS THE COURSE PRAISED BY EXPERTS

"The most unique live case course on the globe from the perspective of demonstrating where interventional endoscopy can and should be going"

- Christopher Gostout, MD

"The course with the most challenging and advanced resection cases in the world!"

- Haruhiro Inoue, MD, PhD





Accredited by NYU Winthrop Hospital March 22 Live Cases & Lectures Approved for 9.0 CME-CE Credits March 23 Optional Hands-On Lab Approved for 5.0 CME Credits



OVERVIEW

We are delighted to invite you to attend the **11th Annual Long Island Live Endoscopy Course,** exploring the frontiers of endoscopic surgery, to be held on Friday March 22 and Saturday March 23, 2019 at the NYU Winthrop Research and Academic Conference Center. NYU Winthrop Hospital is a tertiary referral center ranked again for 2018-2019 as one of the best hospitals in the New York metropolitan area for gastroenterology and is located in Mineola, New York, in close proximity to two New York major international airports.

Long Island Live has become one of the pre-eminent Endoscopic Surgery live courses in the world, attracting participants from across the US and the globe with 19 states and four countries represented in 2018. In 2019, the main focus will again be cutting-edge endoluminal surgery and Natural Orifice Transluminal Endoscopic Surgery (NOTES) techniques. A highlight of the course is the three live Per-Oral Endoscopic Myotomies (POEMs) performed by master operators and demonstrating technique variations in challenging clinical scenarios. Live cases also include Endoscopic Submucosal Dissections (ESD), Endoscopic Full-Thickness Resections (EFTR), Submucosal Tunneling Endoscopic Resection (STER), Zenker's diverticulotomy, peroral pyloromyotomy and other endoscopic surgery procedures.

For the 7th consecutive year, Long Island Live will feature live cases by **Haruhiro Inoue**, an ESD pioneer and global "Father of POEM," **Ping-Hong Zhou**, the operator with the highest volume of POEM and EFTR/STER cases in the world and **Naohisa Yahagi**, a pre-eminent Japanese ESD master. Western approaches to colonic ESD and suturing will be demonstrated in live cases by **Sergey Kantsevoy**. Western approaches to POEM, ESD and EFTR, including novel ESD knives, Endoflip, Endoscopic Suturing and the DiLumen and ORISE-TRS technologies will be demonstrated in live cases by **Stavros Stavropoulos**.

Christopher Gostout, master endoscopist and great NOTES visionary will again be the master of ceremonies providing great insights, masterful commentary and guidance to the live operators. He will be assisted by veteran co-moderator of the course and regional faculty member, **Atul Kumar.** The 11-12 live cases will be supplemented by six lectures spanning the entire spectrum of endoscopic surgery and, new this year, a "Reports from China: Emerging Trends and Technologies" section featuring visiting professors from China, a country that has become a hotbed of innovation in advanced endoscopy and pioneering endoscopic resection techniques.

The very popular "Hands-On Lab with the Masters" to be held on Saturday March 23, offers instruction in POEM, ESD, Suturing and new ESD technologies by the live course masters. The lab will be limited to the first 16 physicians who meet the prior training criteria and register for the lab. The hands-on lab has always sold out rapidly in the past and we recommend early registration for those who are interested.

Don't miss the course that **Christopher Gostout** has praised as "the most unique live case course on the globe from the perspective of demonstrating where interventional endoscopy can and should be going" and **Haruhiro Inoue** has described as "the course with the most challenging and advanced resection cases in the world!"

For those interested in sampling past content, the 2013-2018 courses are archived in their entirety (lectures and live cases) at www.winthropendoscopy.org as an educational resource for those embarking on endoluminal surgical procedures such as POEM, ESD, EFTR, STER, endoscopic sleeve-gastroplasty and new endo-surgical technologies such as MUSE, Lumen-R/ORISE, DiLumen and others.

Stavros Stavropoulos, MD, FASGE, AGAF

Course Director Director, Program in Advanced GI Endoscopy (P.A.G.E.) Chief, Division of GI Endoscopy NYU Winthrop Hospital

WHO SHOULD ATTEND

- Practicing endoscopists (whether gastroenterologists or surgeons) needing better knowledge of the most current therapeutic applications of ESD, POEM, full-thickness resection and suturing.
- Gastroenterologists desiring to learn new surgery-sparing and organ resection-sparing minimally invasive
 endosurgical approaches for the management of neoplasms and benign conditions of the upper and lower
 esophageal sphincter (e.g. achalasia, Zenker's diverticula).
- Endoscopists interested in more advanced applications for specific diseases.
- Endoscopists needing new strategies to care for both benign and malignant GI conditions and to distinguish between the need for surgical vs. endoscopic interventions in light of new technology.

LEARNING/PERFORMANCE OBJECTIVES

At the conclusion of this course, learners should be able to:

- Discuss the most current GI endoscopy interventions and new treatment options.
- Assess and apply ESD, POEM, full-thickness resection and other advanced endoscopic surgical techniques for specific diseases and disorders.
- Diagnose and treat routine and complex GI conditions more effectively resulting in improved patient care outcomes.
- Describe the efficacy in advanced endoscopic procedures in the current research studies and discuss the
 opportunities for these procedures currently available in expert centers and supplanting surgery to change Gl
 clinical practice in the future.

TARGET AUDIENCE

Gastroenterologists, surgeons, advanced practice nurses, physician assistants, residents, fellows and students.

ACCREDITATION

ACCME Accreditation Statement

NYU Winthrop Hospital is **Accredited With Commendation** by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2019. **Provider #: 0006392**

AMA Credit Designation

NYU Winthrop Hospital designates this live educational activity for a maximum of **9.0 AMA PRA Category 1 Credit(s)™** for the Friday participants and **5.0 AMA PRA Category 1 Credit(s)™** for the Saturday participants. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ANCC Contact Hours

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for up to *9.0 Contact Hours. Provider # NY009-2020*

FACULTY DISCLOSURES

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NEMSD and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity.



Check out past course content at www.winthropendoscopy.org our award-winning site recognized in 2018 by e-Healthcare for best web content among hospitals with 400+ beds. Long Island Live courses from 2013-2018 are archived in their entirety (lectures and live cases) and freely available as an educational resource.

AGENDA

FRIDAY March 22 LIVE ENDOSCOPY & DIDACTICS 7:00am Registration, Continental Breakfast and Exhibits				
7:30am	Welcome and Introduction Stavros N. Stavropoulos, MD, FASGE, AGAF			
7:45am	KEYNOTE ADDRESS: The Peter Stevens Memorial Lecture Innovations in Endoscopic GERD Therapy Christopher J. Gostout, MD			
8:05am	The Anti-Reflux POEM! Reflux-Reducing Techniques During and After POEM Haruhiro Inoue, MD, PhD			
8:25am	The Difficult EFTR: Traction Methods and Other Assistive Techniques for Challenging Cases Ping-Hong Zhou, MD, PhD			
8:45am	The Difficult ESD: Traction Methods and Other Assistive Techniques for Challenging Cases Naohisa Yahagi, MD, PhD			
9:05am	ESD and "New NOTES:" A US Perspective Stavros N. Stavropoulos, MD, FASGE, AGAF			
9:25am	Panel Discussion and Q & A All Faculty			
9:45am	Coffee Break and Exhibits			
10:05am	LIVE ENDOSCOPIC PROCEDURES			
1:25pm	Luncheon and Exhibits			
1:55pm	Hold the EMR Please! I Will Have ESD for MY Colon Polyp Sergey Kantsevoy, MD, PhD			
	Reports from China: Emerging Trends and Techniques			
2:15pm	Al in GI Honggang Yu, MD			
2:30p	Panel Discussion and Q & A All Faculty			
2:45p	Coffee Break and Exhibits			
2:55p	LIVE ENDOSCOPIC PROCEDURES			
4:10p	Coffee Break and Exhibits			
4:30p	LIVE ENDOSCOPIC PROCEDURES			

Closing Remarks and Adjourn

6:00p

SATURDAY March 23 | HANDS-ON COURSE WITH THE MASTERS Separate registration and fee required.

7:00a Breakfast

8:00a-1:30p Participants will be divided into groups of 2 and will rotate through 8 stations (2 POEM, 5 ESD and 1 Suturing) spending 40 minutes with each instructor. Each participant will complete a minimum of one POEM (30 minutes), four ESDs and one Endoscopic Suturing session as the primary operator using ex-vivo modules, including exposure to new technologies for colorectal ESD.

LAB FACULTY:

Drs. Gostout, Inoue, Kantsevoy, Sharaiha, Stavropoulos, Tsiamoulos, Yahagi, Yu and Zhou





FACULTY



Stavros N. Stavropoulos, MD, FASGE, AGAF*
(Course Director)
Chief, Division of GI Endoscopy
Director, Program in Advanced GI Endoscopy (P.A.G.E.)
NYU Winthrop University Hospital
Mineola, NY
Adjunct Professor of Clinical Medicine
Columbia University College of Physicians and Surgeons
New York. NY

GUEST FACULTY



Haruhiro Inoue, MD, PhD Head of Upper GI Surgery and Endoscopy Showa University Medical Center Showa University International Training Center for Endoscopy (SUITE) Tokyo, Japan



Honggang Yu, MD Chief, Division of Gastroenterology Renmin Hospital Wuhan University Wuhan, China



Sergey Kantsevoy, MD, PhD Director of Therapeutic Endoscopy Melissa L. Posner Institute for Digestive Health & Liver Disease Mercy Medical Center Baltimore, MD



Ping-Hong Zhou, MD, PhD
Director of Endoscopy
Zhongshan Hospital
Associate Professor
Fudan University
Shanghai, China



Reem Sharaiha, MD Director of Bariatric Endoscopy Associate Director, Pancreas Program Assistant Professor of Medicine Weill Comell Medical College New York, NY



GUEST MODERATORS

Christopher J. Gostout, MD (Moderator)
Chief Medical Officer
Apollo Endosurgery, Inc.
Austin, TX
Professor of Medicine Emeritus
Developmental Endoscopy Unit
Mayo Clinic
Rochester. MN



Zacharias P. Tsiamoulos, MD
Consultant Gastroenterologist and
Specialist in GI Endoscopy,
Director of Endoscopy Department/Clinical Lead,
Queen Elizabeth The Queen Mother Hospital
Kent. UK



Atul Kumar, MD (Moderator) Attending Gastroenterologist Northport VA Medical Center East Northport, NY Assistant Professor of Medicine Stony Brook University School of Medicine Stony Brook, NY



Naohisa Yahagi, MD, PhD
Director
Development and Research Department of
Less Invasive Treatment Methods
Keio University Hospital Tumor Center
Tokyo, Japan

LOCAL & NYU WINTHROP AFFILIATED FACULTY

David Friedel, MD

Associate Director of Endoscopy Program in Advanced Gastrointestinal Endoscopy (P.A.G.E.) NYU Winthrop Hospital Mineola. NY

Vishal Ghevariya, MD

Attending Gastroenterologist Sutter Health Eden Medical Center Castro Valley, CA

Krishna Gurram, MD

Interventional Gastroenterologist Associate Program Director Gastroenterology and Hepatology Fellowship Program The Brooklyn Hospital Center Brooklyn, NY

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Assistant Director of Advanced Endoscopy Maimonides Medical Center Brooklyn, NY

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Teodor Pitea, MD

Director, Center for Advanced Endoscopy Banner Del E. Webb Hospital Center Banner Health Clinic Sun City West, AZ

Jessica Widmer, DO

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PLANNING COMMITTEE

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Vice President, Perioperative Surgical Services NYU Winthrop Hospital Mineola, NY

Peter Sandre, BA

Manager of CME Events & Compliance NYU Winthrop Hospital Mineola, NY

REGISTRATION

We accept online registration ONLY for all NYU Winthrop CME-CE courses. Please register at <u>WinthropEndoscopy.org</u> SPACE IS LIMITED. REGISTER EARLY.

LOCATION NYU Winthrop Research & Academic Conference Center Main Level, 101 Mineola Boulevard, Mineola, New York 11501

CONFIRMATION All registrants will receive a confirmation via email.

CANCELLATION A handling fee of 15% is deducted for cancellation. Refund requests MUST be received by E-mail no later than 72 hours prior to the course or two weeks prior to the hands-on Masters Lab in each instance. No refund will be made thereafter

FEES

Fred Divid Devil Acception

Early Bird Registration		Kegis	Kegistration aπer February 22 at 11:59pm ES I	
(Until February 22, 2019 at 11:59pm EST)				
\$200	Physicians	\$275	Physicians	
\$ 75	Non-Physicians (NPs, PAs, Nurses, Others)	\$ 95	Non-Physicians (NPs, PAs, Nurses, Others)	
\$ 75	External (non-WUH) Residents & Fellows (with ID)	\$ 95	External (non-WUH) Residents & Fellows (with ID)	
FREE	NYU Winthrop Residents & Fellows (with ID)	FREE	NYU Winthrop Residents & Fellows (with ID)	
\$500	Optional Saturday Workshop	\$650	Optional Saturday Workshop	
	(Physicians only, space extremely limited)		(Physicians only, space extremely limited)	

SEPARATE REGISTRATION REQUIRED FOR THE HANDS-ON LAB (Limit of 16 physicians)

To register, please Email Peter Sandre at Peter.Sandre@nyulangone.org with your contact information and the number of hours of prior POEM/ESD training/experience. The Hands-On Laboratory training will be held on the 3rd Floor of the NYU Winthrop Research and Academic Conference Center — located at 101 Mineola Boulevard — Mineola, NY. Please park in the visitors garage for Saturday's lab.

TRAIN INFORMATION Mineola is 34 minutes by train from New York's Penn Station and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR's TrainTime mobile app for daily schedules or go to http://lirr42.mta.info to pick the station you are leaving from that is most convenient, putting Mineola as the destination. If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the NYU Winthrop Research Building.

PARKING Parking is available at any of these convenient campus lots:

- Mineola Intermodal Center at 65 3rd Avenue, Mineola
- NYU Winthrop Campus Visitors Lot (access via Emergency entrance at 2nd & 3rd Avenue)
- 120 Mineola Boulevard Ramp Free parking on weekends above Level 2 only, other levels will be fined)

ACCOMMODATIONS A small room block is available at The Garden City Hotel for participants by calling 1-800-547-0400 at the discounted rate of \$217.50 plus taxes. When calling the hotel, please give them the name of the course (11th Annual Long Island Live Endoscopy Course), sponsored by NYU Winthrop Hospital. **RESERVATIONS MUST BE MADE BY MARCH 1, 2019** www.gardencityhotel.com

SPECIAL NEEDS The NYU Winthrop Research & Academic Conference Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459. If you require other special arrangements, please contact Peter Sandre at (516) 663-8459 or via email at Peter.Sandre@nyulangone.org for assistance.

MORE INFORMATION If you experience technical problems with the online system, wish to register a group or require other special arrangements please contact Keyana Golds at 516-663-9685 or via email at Keyana.Golds@nyulangone.org for assistance.

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