FIRST ANNUAL L.I.A.A.S.

DERM ALLERGY DAY

SATURDAY, DECEMBER 10, 2016  |  8:30 AM - 3:15 PM

Winthrop Research & Academic Conference Center
Mineola, New York

TARGET AUDIENCE
- Allergist/Immunologist Physicians
- Dermatologist Physicians
- Physician Assistants
- Residents & Fellows
- Medical Students

Accredited by
Winthrop University Hospital
Approved for 5.0 CME Credits
Overview

Patients who seek care for assessment of new onset eczematous dermatitis more frequently consult an allergist/immunologist especially if allergic causes are suspected. Allergists and Dermatologists will need to have a sophisticated working knowledge of common and uncommon clinical presentations of eczemas including atopic dermatitis and contact dermatitis.

Contact Dermatitis (CD) is a common skin disease that affects an estimated 15-20% of the U.S. population resulting in nearly 11 million physician visits per year. According to a 2005 report by The Society for Investigative Dermatology and The American Academy of Dermatology, CD was associated with direct costs estimated at $1.6 billion and indirect costs of $566 million from lost work, school and productivity. CD is an inflammatory skin reaction that is induced by exposure to external substances that come into contact with the skin and can have multiple different clinical presentations depending on the time course of disease.

The identification and avoidance of triggers including irritants and allergens is essential for the appropriate management of patients with eczema. When avoidance is not achieved, CD may become chronic, disabling, and lead to a major impairment in quality of life at home and at work. Thus, proficiency in the application of patch testing and/or skin biopsy and interpretation of the results are essential skills for the practicing allergist/immunologist and dermatologist.

This course covers a didactic overview of the causes of eczema, atopic dermatitis and allergic contact dermatitis. Clinical skills training on patch testing will be included in this symposium, such as when to patch test, what to patch test with and how to interpret the clinical relevance of patch testing results. Skin biopsy clinical training skills will focus on which lesion to biopsy, the technique of obtaining a punch biopsy, and the materials needed to perform a punch skin biopsy.

Learning Objectives

At the end of this Symposium, learners should be able to:

- Recognize the manifestations and differential diagnosis of eczema and pruritus including drug eruptions, mycosis fungoides, and immune deficiency.
- Discuss and review new treatment options that are involved in the treatment of eczema, atopic dermatitis and pruritus.
- Recognize appropriate patient selection and clinical evaluation of a patient suspected of allergic contact dermatitis.
- Describe appropriate and effective patch testing methods for the diagnosis of allergic and irritant contact dermatitis.
- Determine and discuss clinical relevance of patch test results.
- Apply appropriate patch testing technique in work shop encounters.
- Learn to perform a punch biopsy, including: the materials needed for biopsy, the ideal biopsy location, the technique of performing a punch biopsy, and the possible complications of punch biopsy.
TARGET AUDIENCE
Allergist/Immunologist Physicians, Dermatologist Physicians, Physician Assistants, Residents and Fellows, Medical Students.

COMPETENCIES ADDRESSED
• Patient Care
• Medical Knowledge
• Professionalism
• Practice-based learning and improvement

ACCME ACCREDITATION
Winthrop University Hospital is Accredited with Commendation by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2019. Provider # 0006392.

AMA CREDIT DESIGNATION
Winthrop University Hospital designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
AGENDA

8:00a  Registration, Breakfast and Exhibits

8:30a  Welcome and Introduction
Marcella Aquino, MD and Luz Fonacier, MD

8:45a  Differential Diagnosis of Eczemas and Itch:
Drug Eruption, Mycosis Fungoides and Immunodeficiency
David Cohen, MD

9:30a  Contact Allergens:
Fragrances, Preservatives, Steroids, and Avoidance Measures
Joseph Fowler, MD

10:15a Coffee Break and Exhibits

10:30a Metal Implant Allergy:
Presentation, Evaluation and Management
James Taylor, MD

11:15a Pearls and Pitfalls of Patch Testing
Michael Sheehan, MD

11:55a Morning Panel Expert Q & A

12:15p Luncheon and Exhibits

AFTERNOON WORKSHOPS
Participants will be split into two groups that will rotate between both workshops

1:00p  SKIN BIOPSY WORKSHOP
30 minutes at each station
- Performance of the punch biopsy
- Interpretation of the skin biopsy report

2:00p  PATCH TESTING WORKSHOP
20 minutes at each station
- Patch test application station
- Patch test reading/scoring station;
- Determining relevance & patient counseling

3:15p  Adjourn
COURSE FACULTY

WINTHROP FACULTY

Marcella Aquino, MD*
Co-Activity Director
Attending Physician
Winthrop Rheumatology, Allergy and Immunology PC
Associate Professor of Medicine
Stony Brook University School of Medicine

Luz Fonacier, MD*
Co-Activity Director
Attending Physician
Winthrop Rheumatology, Allergy and Immunology PC
Professor of Medicine
Stony Brook University School of Medicine

*Denotes Planning Committee Member

GUEST FACULTY

David Cohen, MD
Charles C. and Dorothea E. Harris Professor of Dermatology,
Ronald O. Perelman Department of Dermatology
Vice Chair for Clinical Affairs
Director of Occupational Environmental and Allergic Dermatology
New York University School of Medicine

Joseph Fowler, MD
Attending Dermatologist
Dermatology Specialists
Louisville, KY
Clinical Professor of Dermatology
University of Louisville School of Medicine
Assistant Clinical Professor, Division of Occupational Medicine
University of Kentucky School of Medicine

Michael Sheehan, MD
Allergist/Immunologist
Allergy Asthma Rheumatology Associates
Syracuse, NY

James S. Taylor, MD
Consultant Dermatologist
Quality Improvement Officer
Department of Dermatology
Cleveland Clinic
Cleveland, OH
Clinical Professor of Dermatology
University of Louisville School of Medicine
Assistant Clinical Professor, Division of Occupational Medicine
University of Kentucky School of Medicine

PLANNING COMMITTEE

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Winthrop Rheumatology, Allergy and Immunology PC
Assistant Professor of Medicine
Stony Brook University School of Medicine

Patricia Diaz
Academic Coordinator
Department of Rheumatology, Allergy and Immunology
Winthrop University Hospital

FACULTY DISCLOSURE

It is the policy of Winthrop University Hospital to adhere to ACCME, SCNA and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products or devices not yet approved in the United States. All faculty disclosures will be made available at the time of the activity. Please call Rob Martin, MBA, CHCP, Director of CME at 516-663-2521 to express any concerns.
REGISTRATION FEES
We accept online registration ONLY for all Winthrop CME-CE courses. Register and pay online with a credit card at http://goo.gl/oPqrSh. Space is limited. Register early.

|$140| Physicians
|$120| Physicians w/WUH ID & LIAAS Members
|$100| Allied Health Professionals
|$80| Allied Health Professionals w/WUH ID
|$35| Non-WUH Residents and Fellows w/ID
|FREE| WUH Residents and Fellows w/ID

PARKING
Parking is available at any of these convenient campus lots.
- Mineola Intermodal Center at 65 3rd Avenue, Mineola
- Winthrop Campus Visitors Lot (access via Emergency entrance at 2nd & 3rd Avenue)
- Winthrop Professional Building at 200 Old Country Road (enter lot via 3rd Street & Mineola Boulevard before LIRR tracks overpass)
- Parking is also available at Mineola municipal lots on 1st St. and 2nd Ave behind the Eleanor Rigby restaurant
- Parking for a fee also available at 120 Mineola Boulevard.

TRAIN INFORMATION
Mineola is 34 minutes by train from New York’s Penn Station, and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR’s TrainTime mobile app for daily schedules.

If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the Winthrop Research Building pictured below.

ACCOMMODATIONS
We do not have a discounted room block for this meeting. However, if you require a hotel, we suggest that you contact the Garden City Hotel by calling 1-800-547-0400.

CONFIRMATION
All registrants will receive a confirmation via email.

CANCELLATION
A handling fee of $25 is deducted for cancellation. Refund requests must be received by e-mail 72 hours prior to the course to psandre@winthrop.org. No refund will be made thereafter.

SPECIAL NEEDS
The Research and Academic Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459.

MORE INFORMATION/TECHNICAL ASSISTANCE
If you experience technical problems with the online system, wish to register a group, or require other special arrangements, please contact Peter Sandre at 516-663-8459 or via email at psandre@winthrop.org for assistance.
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